



WORLD HARMONY RUN



Coloring Book

**The World Harmony Run is a global relay that seeks to promote international friendship and understanding. As a symbol of harmony, runners carry a flaming torch, passing it from hand to hand travelling through over 100 nations around the globe. The World Harmony Run does not seek to raise money or highlight any political cause, but simply strives to create goodwill among peoples of all nations.**

**How to connect it:**

**Just as our search for harmony finds expression in all fields of human endeavor such as music, art, writing and sport we thought a coloring book might provide an opportunity for you to express what harmony means in your own life.**

**Please visit us at:**

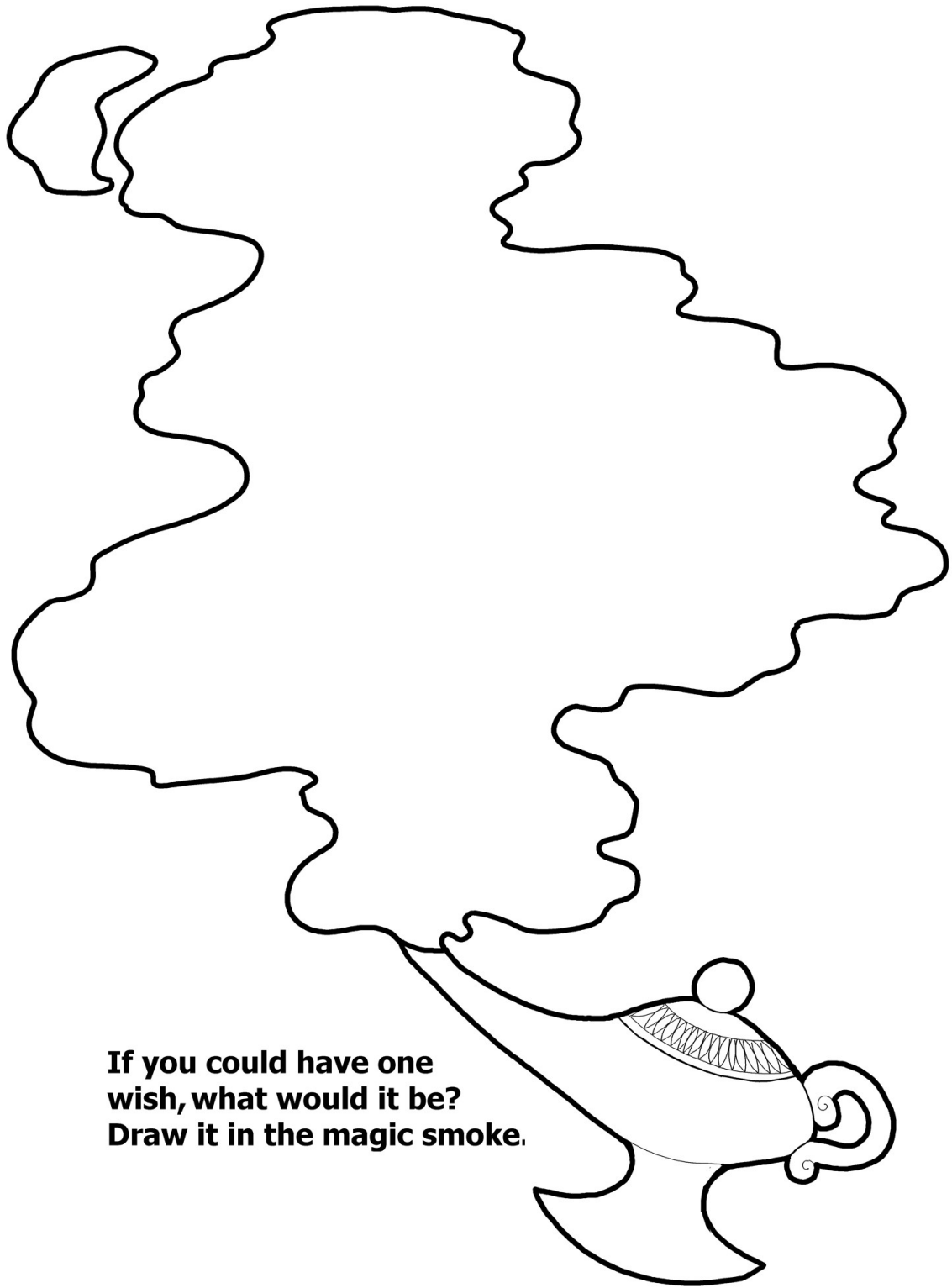
**[www.worldharmonyrun.org](http://www.worldharmonyrun.org)**

**Illustrated by Chidroopa**  
**For the World Harmony Run**

**HARMONY IS..**



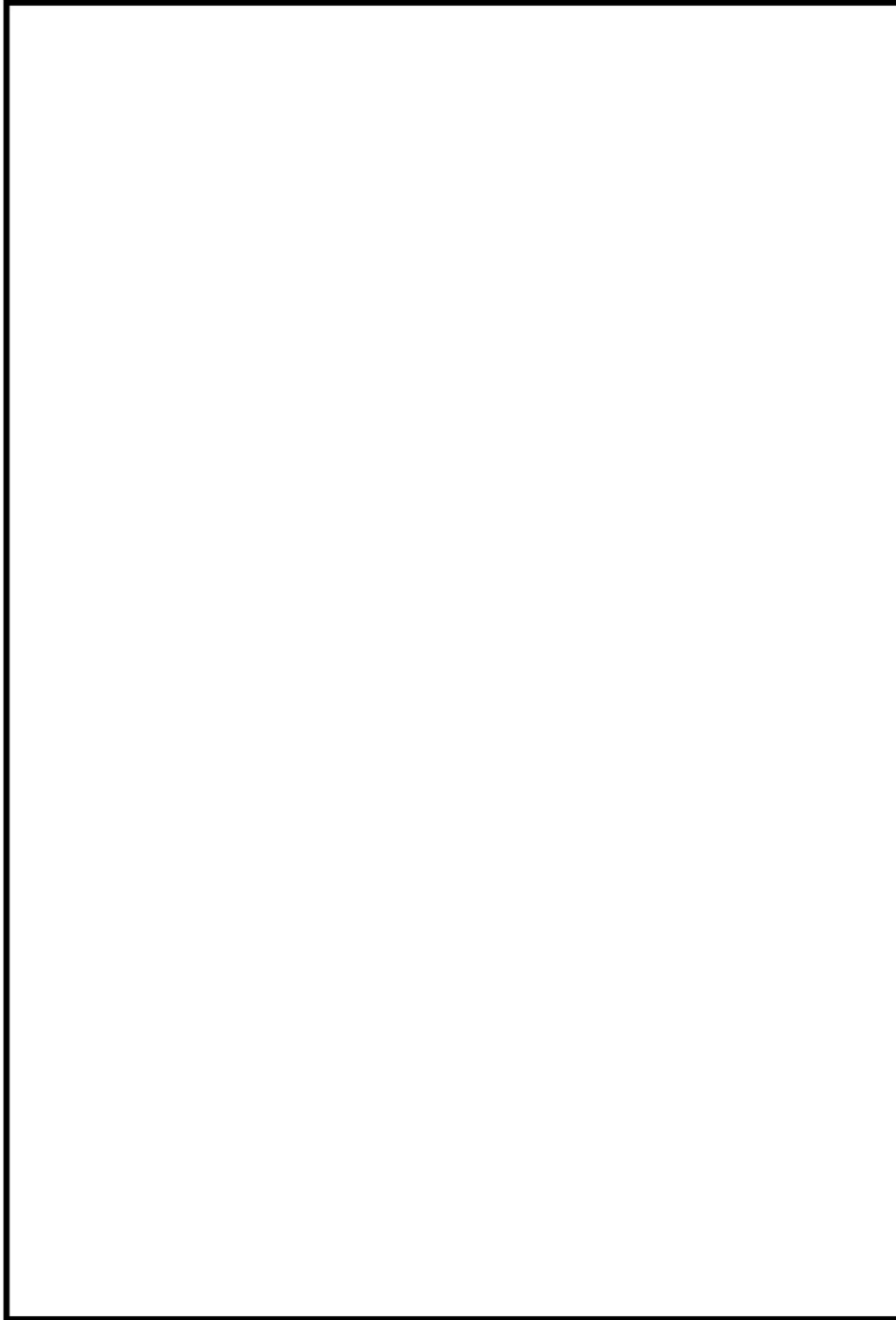
**HELPING OTHERS**



**If you could have one  
wish, what would it be?  
Draw it in the magic smoke.**

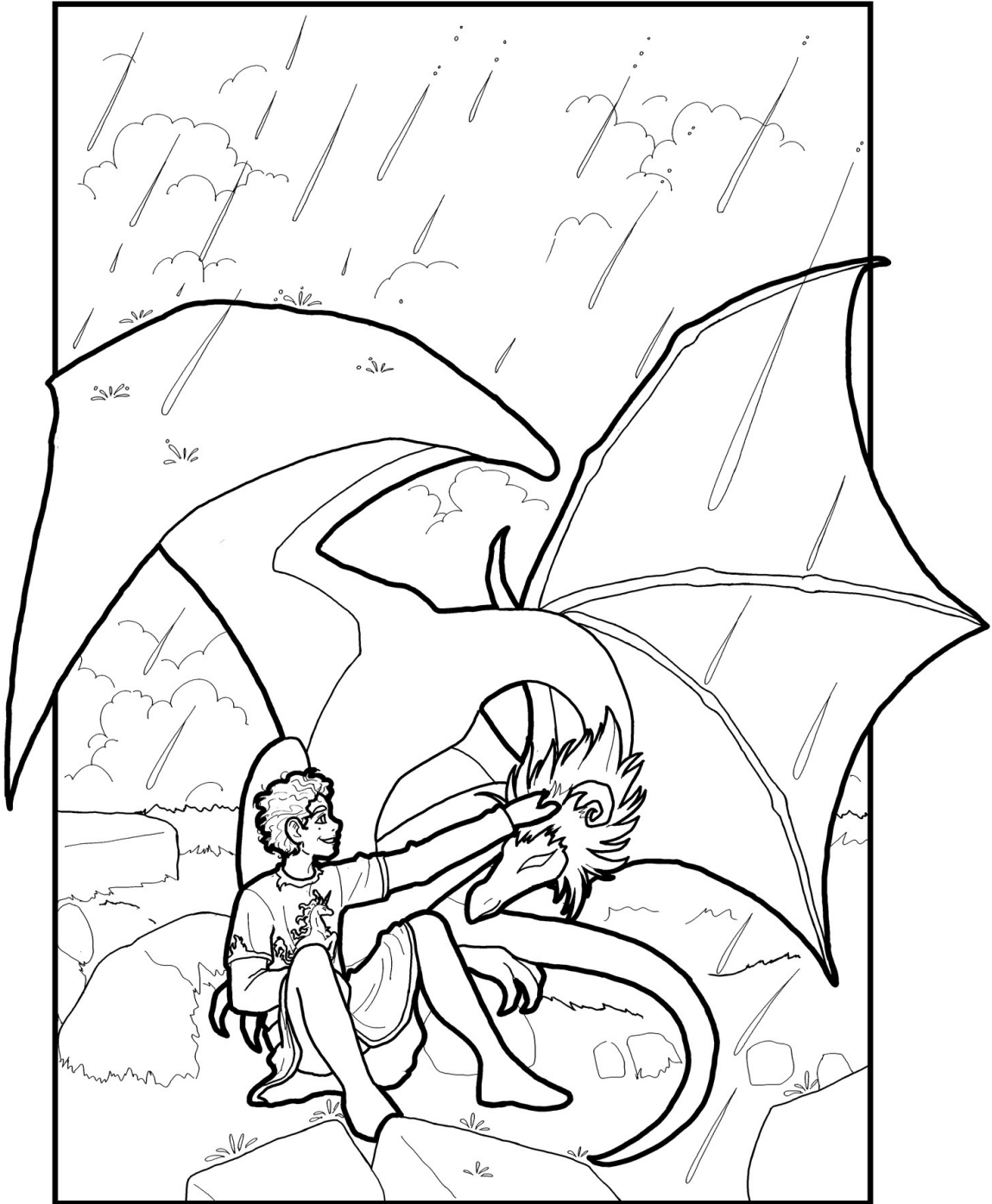
**"Our differences disappear the moment we come to realize that  
all hearts are one."**

**~ Sri Chinmoy ~**



**Draw what this phrase means to you in the box.**

**HARMONY IS.**



**RESOLVING DIFFERENCES**



**Draw your vision for a bright future in the crystal**

**HARMONY IS.**

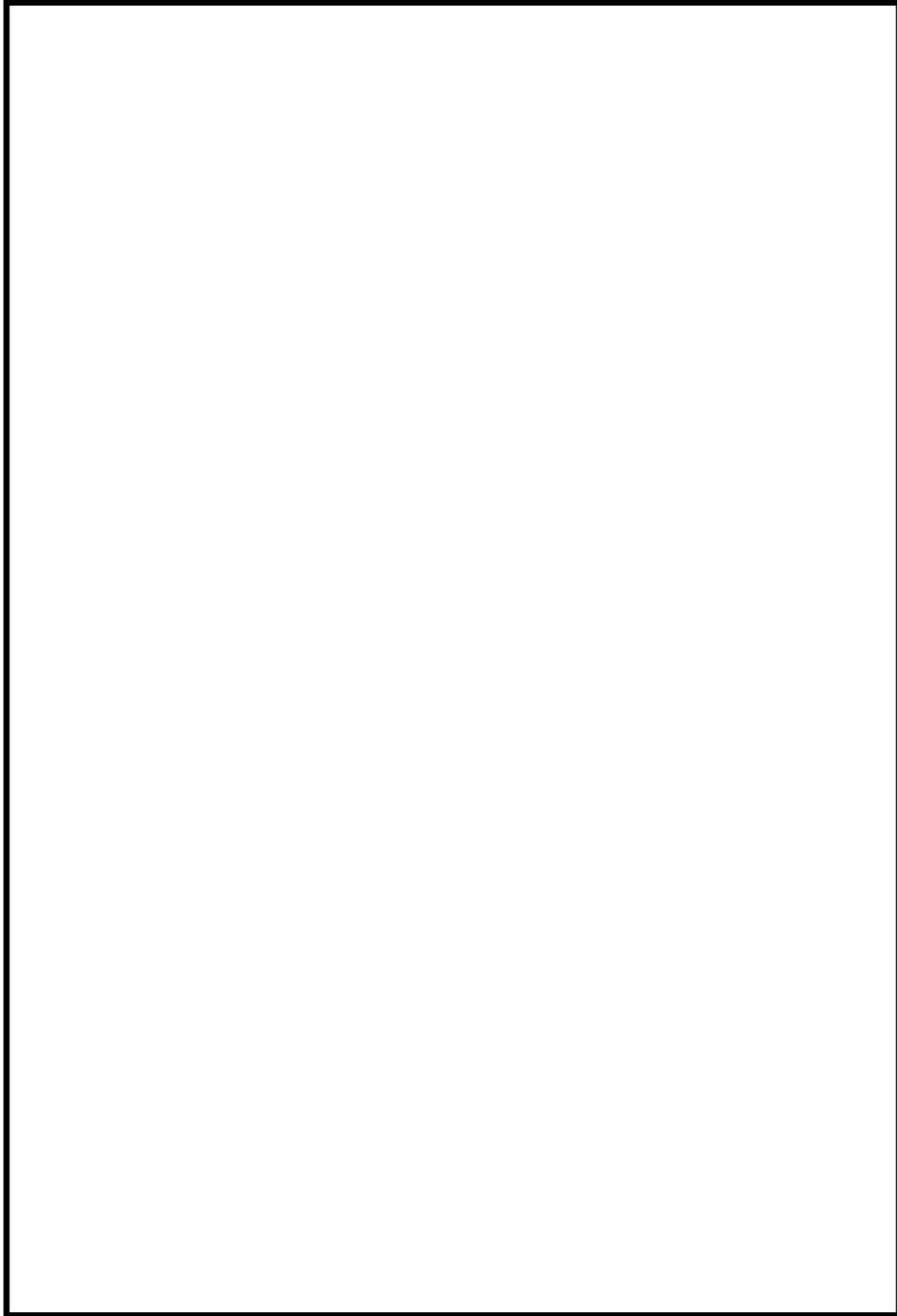


**APPRECIATING THE WORLD**



**"Wake up, look around and see the blossoming of a totally new world."**

**~ Sri Chinmoy ~**

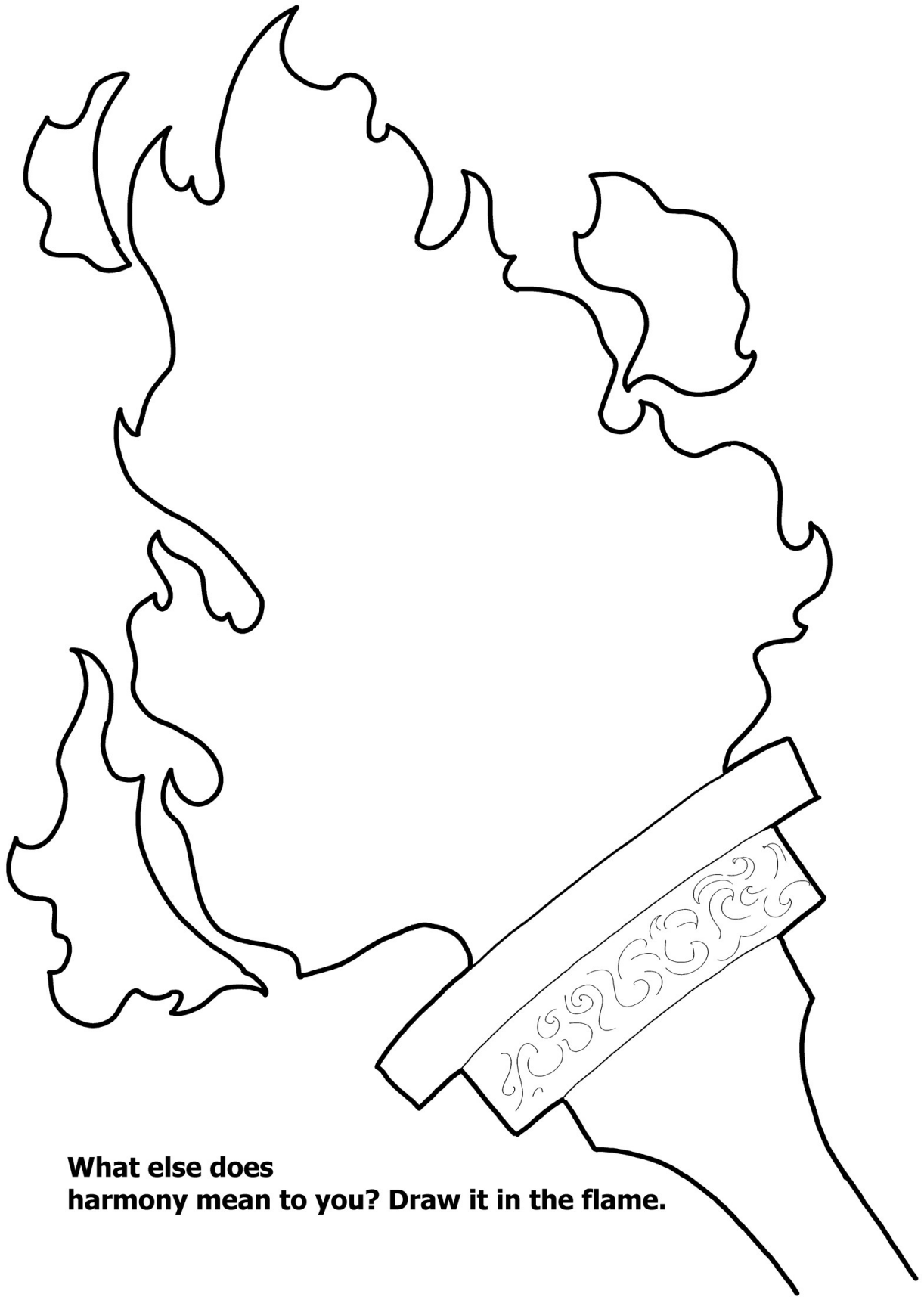


**Draw what this phrase means to you in the box.**

**HARMONY IS..**



**SHARING**

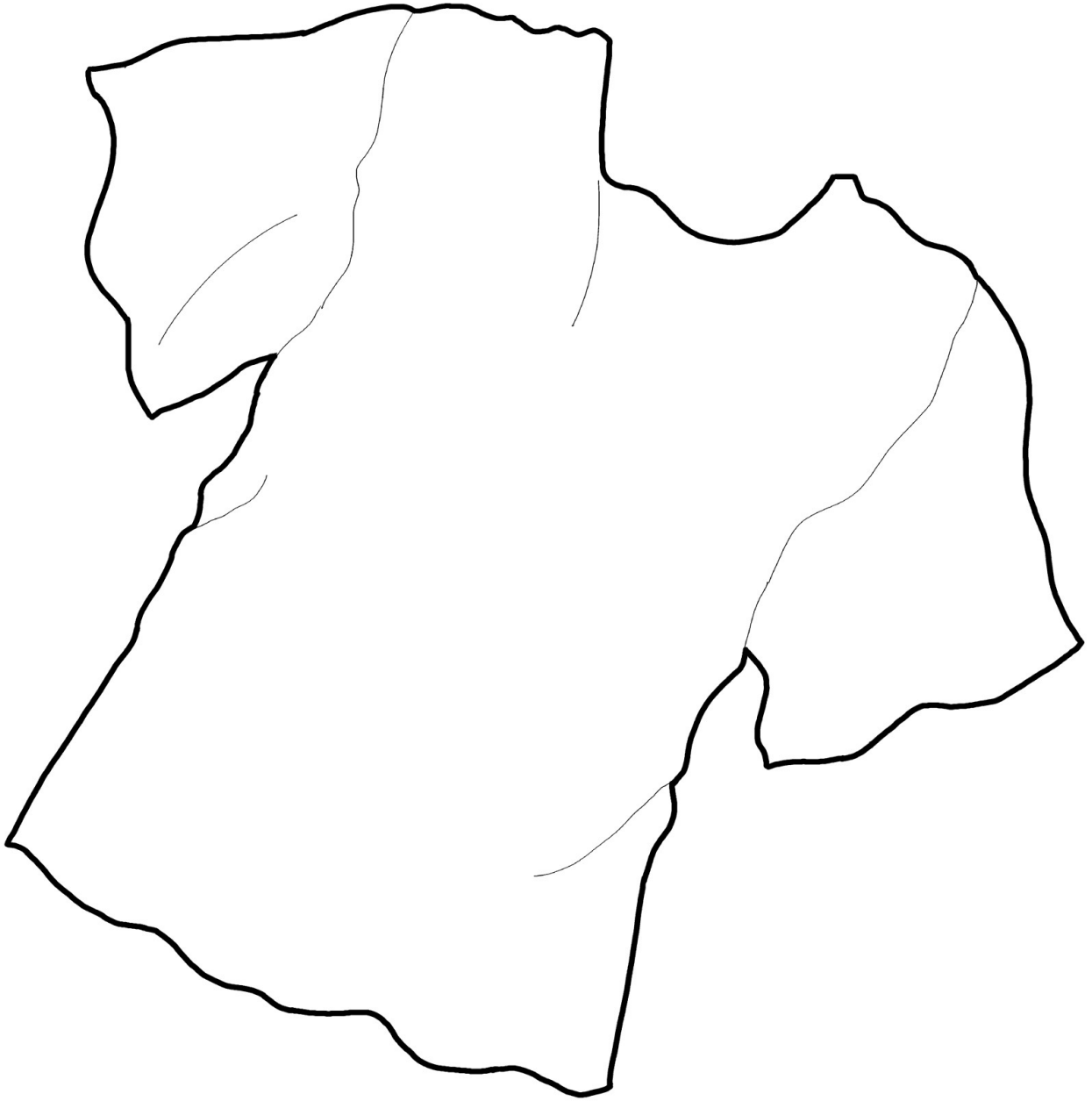


**What else does  
harmony mean to you? Draw it in the flame.**

**HARMONY IS.**



**FRIENDSHIP**

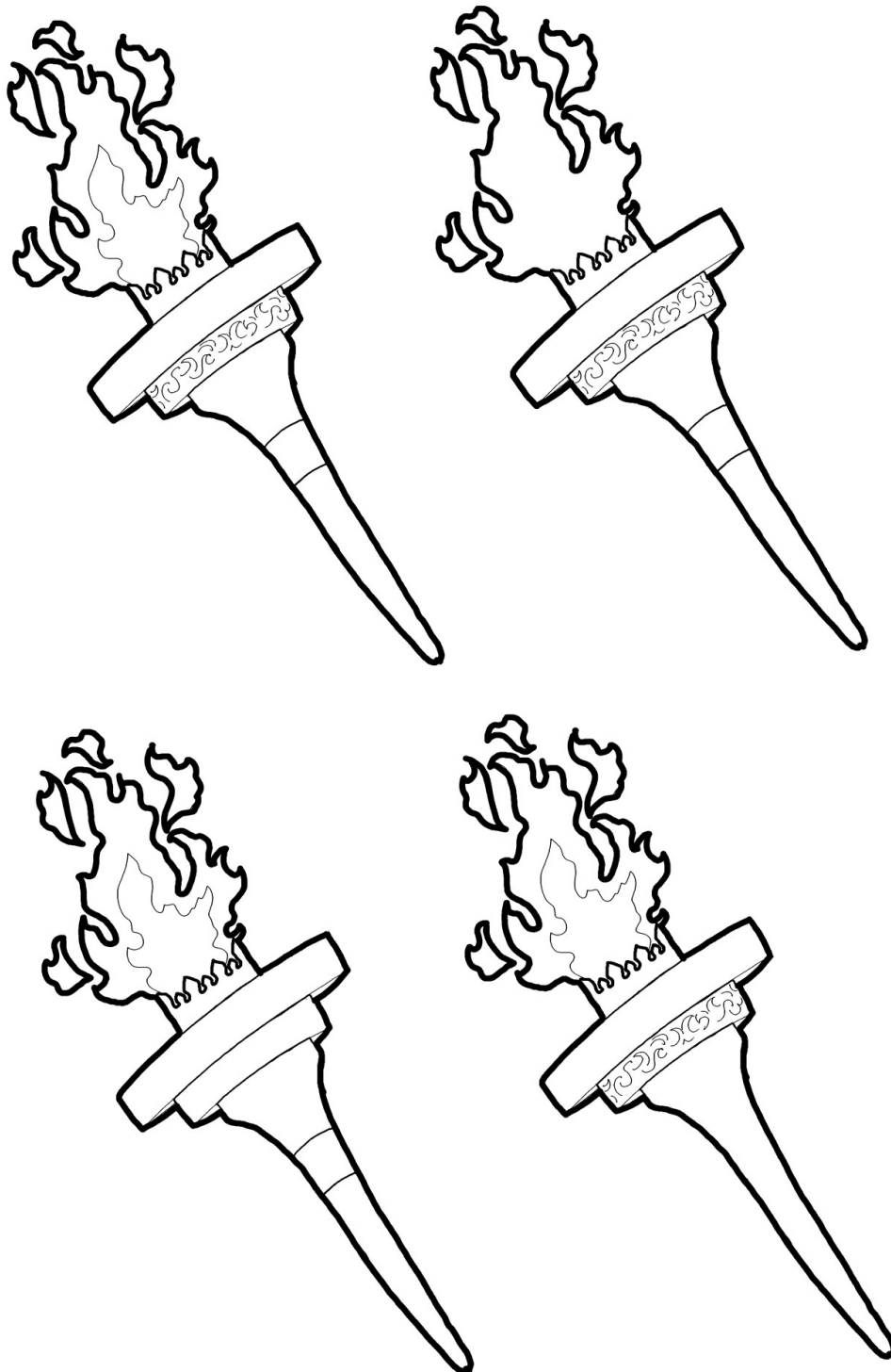


**Decorate this shirt to celebrate harmony**

**HARMONY IS.**



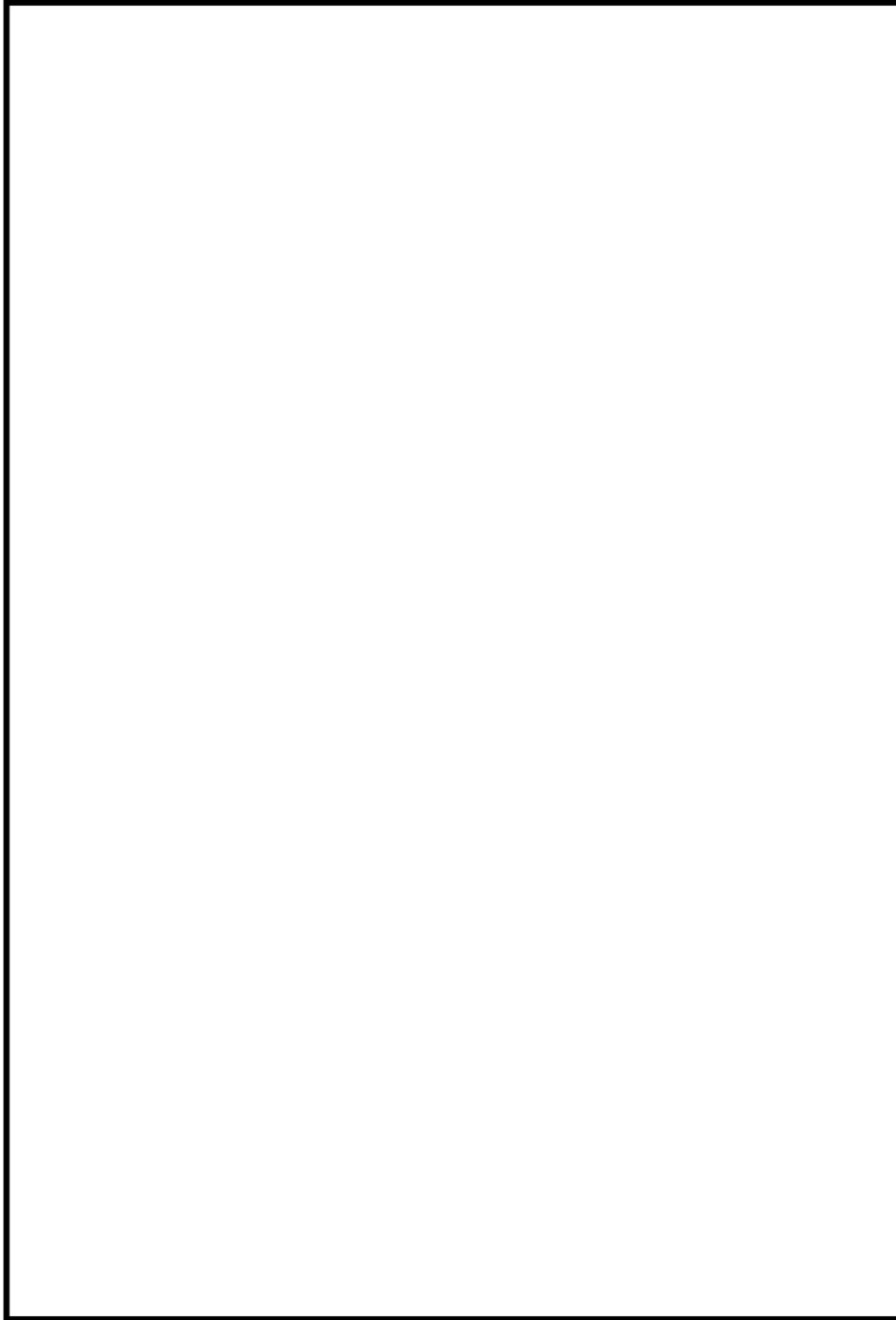
**AFFECTION**



**Can you spot the differences?**

**"If you want to remain always happy, always perfect and always fulfilled, then always keep inside your heart a pocketful of sweet dreams."**

**~ Sri Chinmoy ~**



**Draw what this phrase means to you in the box.**



